

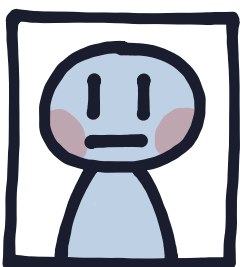
DAILY
Things
I think
about:

SMILE

Emotions Sheet:



HAPPY-%



Error
Margin-%



Sad-%



ANGRY-%

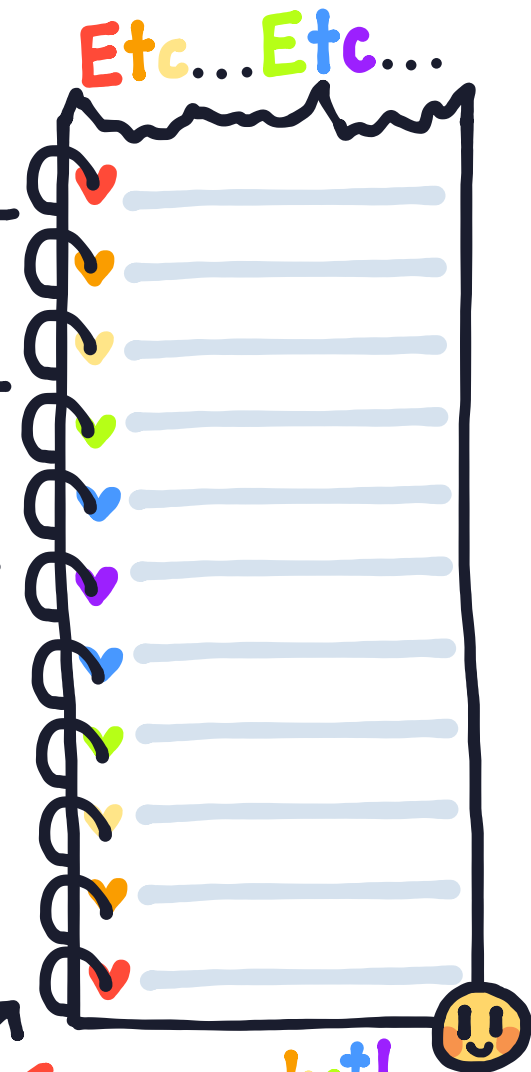


Stressed-%



Today I feel _____ because...

X.....



Grocery list!
(fav foods/drinks)

